

BROAD AREAS OF LEARNING

Health and well-being

To ensure that students adopt a self-monitoring attitude concerning the development of good living habits related to health, well-being, safety and sexuality.

Citizenship and community life

To enable students to take part in the democratic life of the classroom or the school and develop an attitude of openness to the world and respect for diversity.

ROLES, GENDER EQUALITY AND RESPECT

Raise awareness about various lifestyles and to behave beyond gender stereotypes ; create connections between gender equality and the establishment of harmonious relations.

Suggested activities and research

- Research or discuss key elements of women's empowerment throughout history.
- Explore the role of women here and elsewhere.
- Analyze the concept of matriarchy.
- Reflect on the exhibition *Indigenous Women Missing or Forgotten*
<http://missingorforgotten.ca>



Women at the Heart of the Circle

Elementary 1

- Gender roles and stereotypes.
- Respect of differences.

Elementary 4

- Establishing egalitarian relationships



Identities

Elementary 6

- Impacts of sexism, homophobia and transphobia
- Respect for sexual diversity and respect for rights

Secondary 1

- Awareness of sexual orientation.
- Role of puberty in consolidating one's identity

Secondary 3

- Reflect in critical manner on representations of sexuality in the public.

ORIENTATION, DIVERSITY AND REPRESENTATIONS

Explore how discrimination based on gender identity and its expression as well as sexual orientation can affect people.

Analyze the various representations of sexuality in the public space and their influences on the expression of one's sexuality.

Suggested activities and research

- Meet with specialized workers.
- Research public figures who are trying to change mentalities.
- Discuss the acceptability limits of statements that are made in current events and social media.
- Reflect on discrimination and its consequences using an audiovisual production.